

# JOIN TODAY

Helping others helps you!

## Programs and Services at March of Dimes Canada:

- AccessAbility® Advantage
- Acquired Brain Injury Services
- Aphasia Centre
- Assistive Devices Program
- Attendant Services
- BeFriending® Program
- CanVet Vocational Rehabilitation Services
- Conductive Education® Program
- DesignAbility® Program
- Employment Services
- Home & Vehicle Modification® Program
- Information Services & Advocacy
- Northern Medical Clinics
- Post-Polio Canada
- Recreation & Integration Services
- Stroke Recovery Canada®

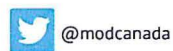
## For more information, please contact:

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# STROKE RECOVERY CANADA®

**A stroke can happen to anyone  
at any age - without warning.**

## **WE CAN HELP YOU SURVIVE AND THRIVE**

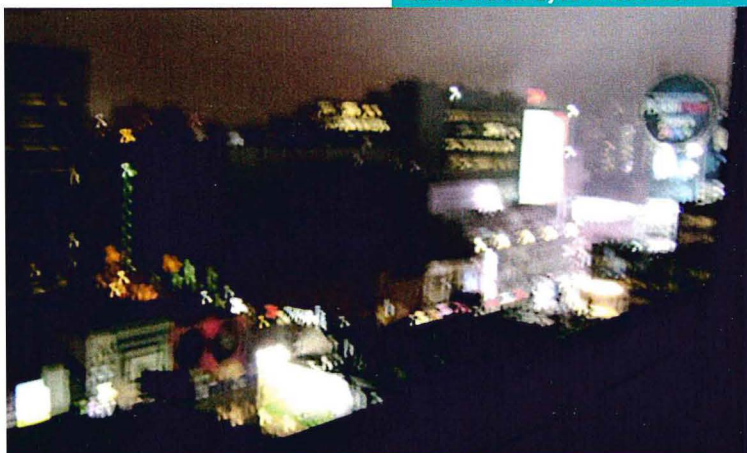
### **STROKE RECOVERY CANADA®**

#### **A PROGRAM OF MARCH OF DIMES CANADA**

Stroke Recovery Canada is a national service offering support, education and community programs for stroke survivors, their caregivers and families.

Stroke Recovery Canada will connect you with a network of support that can help you reclaim your independence, your sense of community and your ability to thrive.

"Stroke Vision" by Jeff Wolfenden



Jeff's photograph demonstrates his vision immediately after a stroke. Jeff is now a member of a Stroke Recovery Canada® peer support group.

## **EDUCATION**

**We provide educational information:**

- Use our online resources to learn more about stroke, stroke symptoms and stroke recovery
- Get an educational and informative package
- Join the registry to receive bi-annual newsletters

## **SUPPORT**

**We offer a large network of Peer Support Services. Our groups, volunteers and staff can help.**

- Talk to a fellow survivor or be connected to a support group
- Find stroke recovery resources in your area
- Find support for fellow caregivers and family members

**Peer support can help caregivers and survivors with the recovery process.**

**Helping others helps you!**

**Connect**

**Be heard**

**Connect with stroke survivors and caregivers.**

Get more information or find the group nearest you:

Warmline® at 1-888-540-6666 | [www.marchofdimes.ca/src](http://www.marchofdimes.ca/src)